



YLANG YLANG USES

BATH

Add into an Epsom Salt bath for a relaxing fragrance

PERFUME

Dab a few drops on your wrists for an easy flower perfume.

⇒ for this remedy, dilute and test a little of the oil on your hand to ensure no unknown skin sensitivity exists

*do not touch to eyes, wash hands after use

JOYFUL DIFFUSER BLEND

⇒ 2 drops Bergamot Essential Oil

⇒ 2 drops Grapefruit Essential Oil

⇒ 1 drop Ylang Ylang Essential Oil